

#5 Provide nectar plants

Nectar is carbs—25 to 55% sugar

Honey bees are not native, may compete with native bees

Mint-family nectar plants

Wild bergamot (*Monarda fistulosa*)

Lesser calamint (*Calamintha nepeta*)

Self-heal (*Prunella vulgaris*)

Apiaceae nectar plants

Greater masterwort (*Astrantia major*)

Sea hollies (*Eryngium*)

Shrubby hare's ear (*Bupleurum fruticosum*)

Aster-family nectar plants

Asters (*Symphyotrichum*)

Coreopsis 'Zagreb'

Goldenrod (*Solidago*) 'Golden Baby'

Gumweed (*Grindelia integrifolia*)

Pearly everlasting (*Anaphalis margaritacea*)

Sunflowers (*Helianthus*)

#6 Leave some bare ground

70% of native bees nest in bare ground

Mining bees—Mostly spring

Sweat bees—Spring/summer/fall

Longhorn bees—Mid- to late summer

Look for nests, bees flying low, cuckoo bees

#7 Provide cut stems

Small carpenter bees (*Ceratina*)

Hummingbird mint (*Agastache*)

Asters (*Symphyotrichum*)

Culver's root (*Veronicastrum virginicum*)

Goldenrod (*Solidago* 'Fireworks')

Monarda

Sunflowers—perennial types (*Helianthus*)

Blue vervain (*Verbena hastata*)

Elderberry (*Sambucus*)

Hydrangeas

Raspberries & other caneberries (*Rubus*)

Roses

Sumac (*Rhus*)

Stems need to be cut to provide an entry point! Leave 12 to 15" long.

Larger stems (bamboo)—homes for leafcutter bees (*Megachile*)

Rose leaves, clarkia petals

Mason bee houses need maintenance—clean house and cocoons every year.

#8 Provide some deadwood

Leave a dead tree, drill holes

Stumpery

Banded alder borer

Rugose stag beetle

Solitary wasps

Anthrax!

Resources

Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard, Doug Tallamy. 2019.

The Nature of Oaks, Doug Tallamy. 2021.

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Selecting Plants for Pollinators: Pacific Lowland Region, The Pollinator Partnership.
https://www.pollinator.org/pollinator.org/assets/generalFiles/PacificLowlandrx8_171017_090207.pdf

Enhancing Urban and Suburban Landscapes to Protect Pollinators, OSU.
<https://catalog.extension.oregonstate.edu/em9289>

Pollinator Plants and Their Bloom Periods, West Multnomah Soil and Water Conservation District. <https://wmswcd.org/documents/pollinator-plants-and-bloom-periods/>

Pollinator Plants: The Maritime Northwest Region, The Xerces Society.
https://xerces.org/sites/default/files/2018-05/17-048_03_XercesSoc_Pollinator-Plants_Maritime-Northwest-Region_web-3page.pdf

Pacific Northwest Insects, Merrill Peterson. 2018.

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Nurturing Mason Bees in Your Backyard in Western Oregon, OSU.
<https://extension.oregonstate.edu/catalog/pub/em-9130-nurturing-mason-bees-your-backyard-western-oregon#:~:text=Mason%20bees%20cannot%20create%20their,urban%20areas%20than%20honey%20bees>

The Bees in Your Backyard, Joe Wilson and Olivia Carril. 2016.

Native Plant Picks for Bees, OSU. <https://extension.oregonstate.edu/catalog/pub/em-9363-native-plant-picks-bees>

Pollen Specialist Bees of the Western United States, Jarrod Fowler.
https://jarrodowler.com/pollen_specialist.html